

Dear Warner Families,

We are excited to present “Yoga Glow,” a class for Warner students to celebrate the holidays and give to local families in need. Ms. Edelson will be teaching the class in the Warner cafeteria on Wednesday, December 18th from 3:30 - 4:15.

Students do not need to have any yoga experience in order to participate, but we ask that they approach the class with a “yogic” attitude, where they are willing to take the class seriously in order to quiet their minds and focus on their breath for the benefit of our yoga community.

In order to accommodate all interested students, we ask that parents fill out the permission slip (below). Students may turn it in **to the envelope outside Ms. Edelson’s room** (attached below.) by Monday, December 16th. Copies of this form are also available in the Warner office.
Students are asked to give a monetary donation of their choosing when arriving for the class. All proceeds will go to Operation Common Good.

We have some yoga mats available at school, or students are welcome to bring their own. They should wear comfortable clothing (no jeans please!), but they do not need to purchase any special gear for the class. If students are dressed for *Wacky Tacky Day*, they may want to bring a change of clothes for yoga.

We are thrilled to offer this special opportunity to our Warner students, and we are excited to share in the spirit and joy of yoga as a way to help families in need.

Namaste!

Please sign and return this form. Turn it in to the envelope outside Ms. Edelson’s classroom by Monday, December 16th (#206). **DO NOT TURN IN MONEY WITH THIS FORM!** Bring your money on the day of the event.

I give permission for my child to attend “Yoga Glow,” a fundraiser to support Warner’s Operation Common Good on Wednesday, December 18th from 3:30-4:15 in the Warner cafeteria. My child will bring a monetary donation to the class. I understand that I am responsible for providing transportation for my child after the event.

Child’s Full Name

Parent Signature

My child will be picked up at 4:15 by _____

Phone number of person picking up child: _____